

Can you fix my dislocating shoulder through the Arthroscope?



The dislocation of a shoulder is usually a big event. It occurs suddenly in a game of sport, an accident, or violent action. I have heard many stories. And although you would think football is the most common, in my practice ranching, snow skiing, and water sports are common causes.

In a really recent article by Anne Vermeulen, MD, arthroscopic repair long term follow up suggested a 22% recurrence rate. Although successful in many cases, caution must be exercise when choosing. I see so many patients that have recurrence from all over, most have had some kind of procedure or many closed reductions in the Emergency Room.



Sometimes more than the soft tissue tears. Everyone has heard the words “he fixed my labral tear arthroscopically”.

If Dr Vermeulen’s work is correct then this will fail 22% of the time. That’s why we look deeper into every case. Many times the bone has been altered in a way that makes it easy for the shoulder to come out in spite of a repair of the labral tear. We always look for these bony defects with a 3 Dimensional CT scan. That way we don’t miss the bone problem and fix the entire problem. Recurrence rates after all the problems have been addressed are very very low.

There are two big bone defects that are common. One on the back of the ball and one on the front of the socket. It’s important to fix the correct problem with the correct solution. Have a visit with us, we’ll figure out which procedure is right for you.

dislocation can occur out the front,back or bottom

